

PaediaSure Plus sip feed

1.5 kcal/ml complete, balanced nutrition for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

PRESENTATION

- Presented in 200 ml (302 kcal) bottles, available in vanilla, banana and strawberry flavours.
- Also available unflavoured in 200 ml (302 kcal) bottles which can be used for tube or sip feeding.
- PaediaSure Plus vanilla flavour is also available in 500 ml (750 kcal) Ready to Hang (RTH) containers for tube feeding. There is a separate datasheet for this tube feed presentation.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 619 ml for children aged 1-3 years, 667 ml for children aged 4-6 years and 833 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) for the following indications in children weighing 8-30 kg:

- Disease-related malnutrition and/or growth failure
- Short bowel syndrome
- Bowel fistulae
- Intractable malabsorption
- Pre-operative preparation of patients who are malnourished
- Dysphagia

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances).

Available on the DPS (Drugs Payment Scheme) and GMS (General Medical Services) scheme in Ireland.

STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- Date and time of opening can be recorded on the lid sticker.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), sucrose, **milk** proteins, minerals (magnesium chloride, calcium phosphate tribasic, potassium citrate, potassium phosphate dibasic, potassium chloride, sodium citrate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, emulsifiers (E322: **soy** lecithin, E471), choline bitartrate, vitamins (C, E, niacinamide, calcium pantothenate, vitamin A palmitate, B₂, B₁, B₆, D₃, folic acid, biotin, K₁, B₁₂), myo-inositol, stabiliser: E415, taurine, L-carnitine.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density 1.5 kcal/ml

Energy distribution:
Protein 11.13%
Carbohydrate 44.35%
Fat 44.52%

Renal solute load 354 mOsm/L

Osmolarity 390 mOsm/L

Osmolality 500 mOsm/kg H₂O

Gluten free? ✓

Clinically lactose free? ✓

Milk free? ✗

Suitable for vegetarians? ✓¹

Suitable for Halal diet? ✓

Suitable for Kosher diet? ✓

For further free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

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NUTRITION INFORMATION

	units	per 100 ml	per 200 ml
Energy	kJ	632	1265
	kcal	151	302
Fat	g	7.47	14.9
- of which saturates	g	2.0	4.0
- of which MCT*	g	1.36	2.72
Carbohydrate	g	16.74	33.5
- of which sugars	g	5.5	11
Protein (nitrogen)	g	4.20 (0.67)	8.40 (1.34)
Salt	g	0.15	0.30
Fibre	g	0	0
Vitamins			
Vitamin A (RE)	µg	99	198
- of which β-carotene	µg	0	0
Vitamin D ₃	µg	1.1	2.3
Vitamin E (α TE)	mg	1.5	3.1
Vitamin K ₁	µg	5.9	11.8
Vitamin C	mg	7.5	15
Folacin (folic acid)	µg	23	46
Thiamin (vitamin B ₁)	mg	0.23	0.46
Riboflavin (vitamin B ₂)	mg	0.30	0.60
Vitamin B ₆	mg	0.15	0.30
Vitamin B ₁₂	µg	0.30	0.60
Niacin (NE)	mg	1.8	3.6
Pantothenic acid	mg	0.45	0.90
Biotin	µg	7.5	15
Minerals			
Sodium	mg (mmol)	60 (2.61)	120 (5.22)
Potassium	mg (mmol)	135 (3.45)	270 (6.90)
Chloride	mg (mmol)	100 (2.82)	200 (5.64)
Calcium	mg (mmol)	84 (2.10)	168 (4.20)
Phosphorus (phosphate)	mg (mmol)	80 (2.58)	160 (5.16)
Magnesium	mg (mmol)	24 (0.99)	48 (1.98)
Iron	mg	1.5	3.0
Zinc	mg	1.5	3.0
Manganese	mg	0.15	0.30
Copper	mg	0.17	0.34
Iodine	µg	15	30
Selenium	µg	4.2	8.4
Chromium	µg	3.8	7.6
Molybdenum	µg	5.9	11.8
Fluoride	mg	0.08	0.15
Taurine	mg	11	22
L-carnitine	mg	2.6	5.2
Inositol	mg	12.0	24
Choline	mg	23	46
Water	g	78.3	157

PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml	g/200 ml
Protein source			
Sodium caseinate	60.0	2.52	5.04
Calcium caseinate	22.0	0.92	1.85
Whey protein concentrate	18.0	0.76	1.51
Amino acids			
- Essential			
Histidine	2.36	0.10	0.20
Isoleucine	4.74	0.20	0.40
Leucine	9.26	0.39	0.78
Lysine	7.47	0.31	0.62
Methionine	2.42	0.10	0.20
Phenylalanine	4.58	0.19	0.38
Threonine	4.70	0.20	0.40
Tryptophan	1.19	0.05	0.10
Valine	5.79	0.24	0.48
Arginine	3.14	0.13	0.26
- Non-essential			
Alanine	3.29	0.14	0.28
Aspartic acid	3.16	0.13	0.26
Cystine	0.78	0.03	0.06
Glutamic acid	11.13	0.47	0.94
Glycine	1.89	0.08	0.16
Proline	9.74	0.41	0.82
Serine	5.54	0.23	0.46
Tyrosine	4.70	0.20	0.40
Asparagine	4.46	0.19	0.38
Glutamine	9.66	0.41	0.82
Non-protein calorie: N	204 : 1		

CARBOHYDRATES

	% total carbohydrates	g/100 ml	g/200 ml
Carbohydrate source			
Maltodextrin	70.0	11.7	23.4
Sucrose	30.0	5.01	10.0

FAT & FATTY ACIDS

	% total fatty acids	g/100 ml	g/200 ml	
Fat source				
High oleic sunflower oil	49.46	3.70	7.40	
Soy oil	29.68	2.22	4.44	
MCT from palm kernel oil	19.79	1.48	2.96	
Lecithin	1.07	0.08	0.16	
Fatty acids				
- Essential				
Linoleic acid	C18:2	19.1	1.43	2.86
Linolenic acid	C18:3	1.76	0.13	0.26
- Monounsaturated				
Palmitoleic acid	C16:1	0.12	0.01	0.02
Oleic acid	C18:1	46.5	3.49	6.98
Petroselinic acid	C18:1	0.08	0.01	0.02
Gadoleic acid	C20:1	0.05	trace	trace
Erucic acid	C22:1	-	-	-
- Saturated				
Caproic acid	C6:0	0.09	0.01	0.02
Caprylic acid	C8:0	10.3	0.77	1.54
Capric acid	C10:0	7.66	0.57	1.14
Lauric acid	C12:0	0.14	0.01	0.02
Myristic acid	C14:0	0.06	trace	trace
Palmitic acid	C16:0	5.35	0.40	0.80
Margaric acid	C17:0	0.07	0.01	0.02
Stearic acid	C18:0	2.73	0.20	0.40
Arachidic acid	C20:0	0.34	0.03	0.06
Behenic acid	C22:0	0.56	0.04	0.08
Tricosanoic acid	C23:0	-	-	-
Lignoceric acid	C24:0	0.10	0.01	0.02
P/S ratio	0.76			
n6 : n3	10.9 : 1			

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*medium-chain triglycerides (C6:0 - C12:0)