PaediaSure Plus Fibre tube feed

1.5 kcal/ml complete, balanced nutrition with fibre and FOS* for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

PRESENTATION

- Presented in 500 ml (759 kcal) Ready to Hang (RTH) bottles.
- Available in vanilla flavour. NB There is a separate datasheet for PaediaSure Plus Fibre sip feed.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 885 ml for children aged 1-3 years, 885 ml for children aged 4-6 years and 885 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) for the following indications in children weighing 8-30 kg:

- Disease-related malnutrition and/or growth failure
- Short bowel syndrome
- Bowel fistulae
- Intractable malabsorption
- Pre-operative preparation of patients who are malnourished
- Dysphagia

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances).

STORAGE

- Store unopened at room temperature.
- Avoid prolonged exposure to light.
- Once opened, unused product should be resealed and stored in a refrigerator.
- Unused contents should be discarded after 24 hours.

DIRECTIONS FOR USE

- Ready for use.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available for use.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), ***milk*** proteins, sucrose, minerals (potassium citrate, magnesium chloride, calcium phosphate tribasic, potassium phosphate dibasic, potassium chloride, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), ***oat*** fibre, fructooligosaccharides, ***soy*** polysaccharide, flavouring, emulsifiers (E471, E322: ***soy*** lecithin), gum arabic, carboxy methylcellulose, choline bitartrate, vitamins (C, E, niacinamide, calcium pantothenate, vitamin A palmitate, B_2, B_1, B_6, D_3, folic acid, biotin, K_1, B_{12}), myo-inositol, taurine, l-carnitine.

GENERAL INFORMATION

Energy density	1.5 kcal/ml
Energy distribution:	
Protein	11.07%
Carbohydrate	43.19%
Fat	44.29%
Fibre (FOS)	1.45%
Renal solute load	354 mOsm/L
Osmolarity	270 mOsm/L
Osmolality	347 mOsm/kg H_2O
Gluten free?	✓
Clinically lactose free?	✓
Milk free?	×
Suitable for vegetarians?	✓[1]
Suitable for Halal diet?	✓
Suitable for Kosher diet?	✓

For further free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

*fructo-oligosaccharides

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Abbott

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NUTRITION INFORMATION

	units	per 100 ml
Energy	kJ	635
	kcal	152
Fat	g	7.47
- of which saturates	g	2.0
- of which MCT**	g	1.37
Carbohydrate	g	16.39
- of which sugars	g	2.2
Fibre	g	1.10
- of which FOS*	g	0.35
Protein (nitrogen)	g	4.20 (0.67)
Salt	g	0.15
Vitamins		
Vitamin A (RE)	µg	99
- of which β-carotene	µg	0
Vitamin D_3	µg	1.13
Vitamin E (α TE)	mg	1.5
Vitamin K_1	µg	5.9
Vitamin C	mg	7.5
Folacin (folic acid)	µg	23
Thiamin (vitamin B_1)	mg	0.23
Riboflavin (vitamin B_2)	mg	0.30
Vitamin B_6	mg	0.15
Vitamin B_{12}	µg	0.30
Niacin (NE)	mg	1.8
Pantothenic acid	mg	0.45
Biotin	µg	7.5
Minerals		
Sodium	mg (mmol)	60 (2.61)
Potassium	mg (mmol)	135 (3.45)
Chloride	mg (mmol)	100 (2.82)
Calcium	mg (mmol)	83 (2.07)
Phosphorus (phosphate)	mg (mmol)	80 (2.58)
Magnesium	mg (mmol)	24 (0.99)
Iron	mg	1.5
Zinc	mg	1.5
Manganese	mg	0.15
Copper	mg	0.17
Iodine	µg	15
Selenium	µg	4.2
Chromium	µg	3.8
Molybdenum	µg	5.9
Fluoride	mg	0.08
Taurine	mg	10.8
L-carnitine	mg	2.6
Inositol	mg	12
Choline	mg	22.5
Water	g	79.2

PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml
Protein source		
Sodium caseinate	60.0	2.52
Calcium caseinate	22.0	0.92
Whey protein concentrate	18.0	0.76
Amino acids		
- Essential		
Histidine	2.39	0.10
Isoleucine	4.83	0.20
Leucine	9.13	0.38
Lysine	7.54	0.32
Methionine	2.48	0.10
Phenylalanine	4.54	0.19
Threonine	4.80	0.20
Tryptophan	1.21	0.05
Valine	5.81	0.24
Arginine	3.26	0.14
- Non-essential		
Alanine	3.23	0.14
Aspartic acid	3.18	0.13
Cystine	0.73	0.03
Glutamic acid	11.1	0.47
Glycine	1.87	0.08
Proline	9.69	0.41
Serine	5.38	0.23
Tyrosine	4.69	0.20
Asparagine	4.45	0.19
Glutamine	9.78	0.41
Non-protein calorie: N	205 : 1	

CARBOHYDRATES

	% total carbohydrates	g/100 ml
Carbohydrate source		
Maltodextrin	89.67	14.7
Sucrose	10.04	1.64
Oat fibre	0.11	0.02
Fructo-oligosaccharide powder	0.09	0.01
Soy fibre	0.05	trace
Gum arabic	0.03	trace
Carboxymethyl cellulose	0.01	trace

FIBRE

	% total fibre	g/100 ml
Fibre source		
FOS* powder	31.14	0.34
Oat fibre	30.99	0.34
Soy fibre	20.66	0.23
Gum arabic	12.05	0.13
Carboxymethyl cellulose	5.16	0.06
Soluble fibre content: 49%	Insoluble fibre content: 51%	

FAT & FATTY ACIDS

		% total fatty acids	g/100 ml
Fat source			
High oleic sunflower oil		49.5	3.70
Soy oil		29.7	2.22
MCT from palm kernel oil		19.8	1.48
Lecithin		1.07	0.08
Fatty acids		g/100 g fat	g/100 ml
- Essential			
Linoleic acid	C18:2	19.4	1.46
Linolenic acid	C18:3	1.51	0.11
- Monounsaturated			
Palmitoleic acid	C16:1	0.12	0.01
Oleic acid	C18:1	46.3	3.49
Petroselinic acid	C18:1	0.08	0.01
Gadoleic acid	C20:1	0.05	trace
Erucic acid	C22:1	-	-
- Saturated			
Caproic acid	C6:0	0.09	0.01
Caprylic acid	C8:0	10.5	0.79
Capric acid	C10:0	7.38	0.56
Lauric acid	C12:0	0.14	0.01
Myristic acid	C14:0	0.06	trace
Palmitic acid	C16:0	5.35	0.40
Margaric acid	C17:0	0.07	0.01
Stearic acid	C18:0	2.77	0.21
Arachidic acid	C20:0	0.34	0.03
Behenic acid	C22:0	0.56	0.04
Tricosanoic acid	C23:0	-	-
Lignoceric acid	C24:0	0.10	0.01
P/S ratio	0.76		
n6 : n3	12.8 : 1		

* Fructooligosaccharides
**medium-chain triglycerides (C6:0 - C12:0)

Abbott Laboratories Ltd., Abbott House, Vanwall Business Park, Vanwall Rd., Maidenhead, Berks. SL6 4XE. Tel: 0800 252882 Nutrition.abbott/uk

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