

# PaediaSure Plus Fibre chocolate flavour sip feed

1.5 kcal/ml complete, balanced nutrition with fibre and FOS\* for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

## PRESENTATION

- Presented in 200 ml (304 kcal) bottles.
- Available in chocolate flavour.

NB. There is a separate datasheet for PaediaSure Plus Fibre banana, strawberry and vanilla flavour sip feeds.

## USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 800 ml for children aged 1-3 years, 1100 ml for children aged 4-6 years and 1800 ml for children aged 7-10 years (calculated using the UK Reference Nutrient Intake for these age bands). Excluding electrolytes, nutritionally complete in 636 ml for children aged 1-3 years, 769 ml for children aged 4-6 years and 846 ml for children aged 7-10 years.

## COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) for the following indications in children weighing 8-30 kg:

- Disease-related malnutrition and/or growth failure
- Short bowel syndrome
- Bowel fistulae
- Intractable malabsorption
- Pre-operative preparation of patients who are malnourished
- Dysphagia

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances).

## STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. To warm, pour into a saucepan and heat gently. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- Bottles will attach to all Abbott giving sets.

## PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

## CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

## INGREDIENTS

Water, maltodextrin, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), sucrose, **milk** proteins, cocoa powder, minerals (sodium citrate, potassium phosphate dibasic, magnesium chloride, potassium chloride, calcium phosphate tribasic, potassium sulphate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fructooligosaccharides, **oat** fibre, gum arabic, emulsifiers (E471, E322: **soy** lecithin), **soy** polysaccharide, flavourings, sodium carboxymethyl cellulose, choline bitartrate, vitamins (C, niacinamide, E, calcium pantothenate, B<sub>1</sub>, B<sub>2</sub>, B<sub>6</sub>, vitamin A palmitate, folic acid, biotin, K<sub>1</sub>, D<sub>3</sub>, B<sub>12</sub>), myo-inositol, taurine, L-carnitine.

## GENERAL INFORMATION

Energy density	1.5 kcal/ml
Energy distribution:	
Protein	11.07%
Carbohydrate	43.19%
Fat	44.29%
Fibre (FOS)	1.45%
Renal solute load	374 mOsm/L
Osmolarity	423 mOsm/L
Osmolality	543 mOsm/kg H <sub>2</sub> O
Gluten free?	✓
Clinically lactose free?	✓
Milk free?	✗
Suitable for vegetarians?	✓ <sup>1</sup>
Suitable for Halal diet?	✓
Suitable for Kosher diet?	✓

For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

\* Fructooligosaccharides

# PaediaSure Plus Fibre chocolate flavour sip feed

1.5 kcal/ml complete, balanced nutrition with fibre and FOS\* for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

## NUTRITION INFORMATION

	units	per 100 ml	per 200 ml
<b>Energy</b>	kJ	635	1270
	kcal	152	304
Fat	g	7.47	14.9
- of which saturates	g	2.1	4.2
- of which MCT**	g	1.38	2.76
Carbohydrate	g	16.4	32.8
- of which sugars	g	6.0	12.0
Fibre	g	1.10	2.20
- of which FOS*	g	0.35	0.70
Protein (nitrogen)	g	4.20 (0.67)	8.40 (1.34)
Salt	g	0.20	0.40
<b>Vitamins</b>			
Vitamin A (RE)	µg	69	138
- of which β-carotene	µg	0	0
Vitamin D <sub>3</sub>	µg	1.1	2.2
Vitamin E (α TE)	mg	2.1	4.2
Vitamin K <sub>1</sub>	µg	5.8	12
Vitamin C	mg	7.5	15
Folic acid	µg	23	46
Thiamin (vitamin B <sub>1</sub> )	mg	0.19	0.38
Riboflavin (vitamin B <sub>2</sub> )	mg	0.30	0.60
Vitamin B <sub>6</sub>	mg	0.15	0.30
Vitamin B <sub>12</sub>	µg	0.20	0.40
Niacin (NE)	mg	1.8	3.6
Pantothenic acid	mg	0.45	0.90
Biotin	µg	7.5	15
<b>Minerals</b>			
Sodium	mg (mmol)	80 (3.48)	160 (7.00)
Potassium	mg (mmol)	180 (4.60)	360 (9.20)
Chloride	mg (mmol)	100 (2.82)	200 (5.64)
Calcium	mg (mmol)	83 (2.07)	166 (4.14)
Phosphorus (phosphate)	mg (mmol)	80 (2.58)	160 (5.20)
Magnesium	mg (mmol)	24 (0.99)	48 (2.00)
Iron	mg	1.5	3.0
Zinc	mg	1.5	3.0
Manganese	mg	0.15	0.30
Copper	mg	0.17	0.34
Iodine	µg	13	26
Selenium	µg	4.2	8.4
Chromium	µg	6.5	13
Molybdenum	µg	5.9	12
Fluoride	mg	0.05	0.10
Taurine	mg	11	22
L-carnitine	mg	2.6	5.2
Inositol	mg	12	24
Choline	mg	22	44
Water	g	78	156

\* Fructooligosaccharides  
\*\*medium-chain triglycerides (C6:0 - C12:0)

## PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml	g/200 ml
<b>Protein source</b>			
Milk protein concentrate	60.0	2.52	5.04
Sodium caseinate	30.0	1.26	2.52
Calcium caseinate	10.0	0.42	0.84
<b>Amino acids</b>			
<b>- Essential</b>			
Histidine	2.74	0.12	0.24
Isoleucine	5.28	0.22	0.44
Leucine	9.42	0.40	0.80
Lysine	8.01	0.34	0.68
Methionine	2.79	0.12	0.24
Phenylalanine	5.00	0.21	0.42
Threonine	4.43	0.19	0.38
Tryptophan	1.21	0.05	0.10
Valine	6.57	0.28	0.56
Arginine	3.83	0.16	0.32
<b>- Non-essential</b>			
Alanine	3.22	0.14	0.28
Aspartic acid	3.51	0.15	0.30
Cystine	0.97	0.04	0.08
Glutamic acid	10.7	0.45	0.90
Glycine	2.00	0.08	0.16
Proline	9.84	0.41	0.82
Serine	5.70	0.24	0.48
Tyrosine	5.36	0.23	0.46
Asparagine	3.81	0.16	0.32
Glutamine	10.7	0.45	0.90
Non-protein calorie: N	201 : 1		

## CARBOHYDRATES

	% total carbohydrates	g/100 ml	g/200 ml
<b>Carbohydrate source</b>			
Liquid maltodextrin	66.2	10.9	21.7
Sucrose	32.0	5.25	10.5
Cocoa Powder	1.49	0.24	0.49
Oligofructose (FOS)	0.23	0.04	0.08
Gum arabic	0.10	0.02	0.03
Oat fibre	0.05	0.01	0.02
Soy fibre	0.01	trace	trace
Carboxymethyl cellulose	0.01	trace	trace

## FIBRE

	% total fibre	g/100 ml	g/200 ml
<b>Fibre source</b>			
FOS powder	30.9	0.34	0.68
Cocoa powder	26.6	0.29	0.58
Oat fibre	15.1	0.17	0.33
Gum arabic	12.1	0.13	0.27
Soy fibre	10.1	0.11	0.22
Carboxymethyl cellulose	5.18	0.06	0.11

Soluble fibre content: 74.8% Insoluble fibre content: 25.2%

## FAT & FATTY ACIDS

	% total fatty acids	g/100 ml	g/200 ml	
<b>Fat source</b>				
High oleic sunflower oil	49.5	3.70	7.40	
Soy oil	29.7	2.22	4.44	
MCT from palm kernel oil	19.8	1.48	2.96	
Lecithin	1.09	0.08	0.16	
<b>Fatty acids</b>				
<b>- Essential</b>				
Linoleic acid	C18:2	19.2	1.45	2.90
Linolenic acid	C18:3	2.07	0.16	0.32
<b>- Monounsaturated</b>				
Palmitoleic acid	C16:1	0.12	0.01	0.02
Oleic acid	C18:1	45.0	3.40	6.80
Petroselinic acid	C18:1	0.08	0.01	0.02
Gadoleic acid	C20:1	0.05	trace	trace
Erucic acid	C22:1	-	-	-
<b>- Saturated</b>				
Caproic acid	C6:0	0.09	0.01	0.02
Caprylic acid	C8:0	10.5	0.79	1.58
Capric acid	C10:0	7.36	0.56	1.12
Lauric acid	C12:0	0.23	0.02	0.04
Myristic acid	C14:0	0.15	0.01	0.02
Palmitic acid	C16:0	5.40	0.41	0.82
Margaric acid	C17:0	0.07	0.01	0.02
Stearic acid	C18:0	3.76	0.28	0.56
Arachidic acid	C20:0	0.35	0.03	0.06
Behenic acid	C22:0	0.55	0.04	0.08
Tricosanoic acid	C23:0	-	-	-
Lignoceric acid	C24:0	0.10	0.01	0.02
P/S ratio	0.75			
n6 : n3	9.4 : 1			

Abbott Laboratories Ltd., Abbott House, Vanwall Business Park, Vanwall Rd., Maidenhead, Berks. SL6 4XE. Tel: 0800 252882 Nutrition.abbott/uk

UK-PDPF-2400007

Date of preparation: February 2024, Version 2

