

PaediaSure Compact

2.4 kcal/ml complete, balanced nutrition for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

PRESENTATION

- Presented in 4 x 125 ml (301 kcal) bottles.
- Available in banana, strawberry and vanilla flavours.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 333 ml for children aged 1-3 years, 500 ml for children aged 4-6 years and 571 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) as a sole source of nutrition or as a nutritional supplement for the dietary management of children 8 –30kg (approximately 1-10 years of age) with, or at risk of developing, disease –related malnutrition.

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances)

STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- PaediaSure range bottles will attach to all Abbott giving sets.

PRECAUTIONS

- Monitor fluid intake to ensure adequate hydration status.
- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, hydrolysed corn starch, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), **milk** proteins, minerals (sodium citrate, potassium chloride, magnesium phosphate dibasic, potassium phosphate dibasic, calcium citrate, potassium citrate, magnesium carbonate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fructooligosaccharides, sucrose, flavouring, emulsifier: **soy** lecithin, **soy** polysaccharide, choline bitartrate, vitamins (C, niacinamide, E, calcium pantothenate, B₁, B₂, vitamin A palmitate, B₆, folic acid, biotin, K₁, D₃, B₁₂), myo-inositol, taurine, L-carnitine.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density 2.4 kcal/ml

Energy distribution:

Protein	11.2%
Carbohydrate	43.5%
Fat	44.7%
Fibre	0.61%

Renal solute load 585 mOsm/L

Osmolarity 643 mOsm/L

Osmolality 994 mOsm/kg H₂O

Gluten free? ✓

Clinically lactose free? ✗

Milk free? ✗

Suitable for vegetarians? ✓¹

Suitable for Halal diet? ✓

Suitable for Kosher diet? ✓

For other free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

NUTRITION INFORMATION

	units	per 100 ml	per 125 ml
Energy	kJ	1007	1258
	kcal	240	301
Fat	g	11.9	14.9
- of which saturates	g	3.3	4.13
- of which MCT*	g	2.2	2.75
Carbohydrate	g	26.2	32.7
- of which sugars	g	4.30	5.38
Protein (nitrogen)	g	6.72 (1.08)	8.40 (1.34)
Salt	g	0.28	0.35
Fibre	g	0.73	0.91
- of which FOS	g	0.56	0.70

Vitamins

Vitamin A (RE)	µg	120	150
- of which β-carotene	µg	0	0
Vitamin D ₃	µg	2.0	2.5
Vitamin E (α TE)	mg	3.4	4.3
Vitamin K ₁	µg	9.5	12
Vitamin C	mg	15	19
Folacin (folic acid)	µg	36	45
Thiamin (vitamin B ₁)	mg	0.30	0.38
Riboflavin (vitamin B ₂)	mg	0.48	0.60
Vitamin B ₆	mg	0.24	0.30
Vitamin B ₁₂	µg	0.55	0.69
Niacin (NE)	mg	2.9	3.6
Pantothenic acid	mg	0.72	0.90
Biotin	µg	10.0	13

Minerals

Sodium	mg (mmol)	110 (4.78)	138 (5.98)
Potassium	mg (mmol)	260 (6.65)	325 (8.31)
Chloride	mg (mmol)	150 (4.23)	188 (5.29)
Calcium	mg (mmol)	140 (3.49)	175 (4.37)
Phosphorus (phosphate)	mg (mmol)	140 (4.52)	175 (5.65)
Magnesium	mg (mmol)	35 (1.44)	44 (1.80)
Iron	mg	2.2	2.8
Zinc	mg	2.4	3.0
Manganese	mg	0.20	0.25
Copper	µg	230	288
Iodine	µg	20	25
Selenium	µg	7.5	9.4
Chromium	µg	5.0	6.3
Molybdenum	µg	10.0	13
Fluoride	mg	0.09	0.11
Taurine	mg	16	20
L-carnitine	mg	4.1	5.1
Inositol	mg	20	25
Choline	mg	33	41
Water	g	65.3	81.6

*medium-chain triglycerides (C6:0 - C12:0)

PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml	g/125 ml
Protein source			
Milk protein concentrate	60.0	4.03	5.04
Sodium caseinate	30.0	2.02	2.52
Calcium caseinate	10.0	0.67	0.84

Amino acids

- Essential

Histidine	2.82	0.19	0.24
Isoleucine	5.40	0.36	0.45
Leucine	9.65	0.65	0.81
Lysine	8.29	0.56	0.70
Methionine	2.87	0.19	0.24
Phenylalanine	5.06	0.34	0.43
Threonine	4.48	0.30	0.38
Tryptophan	1.22	0.08	0.10
Valine	6.65	0.45	0.56
Arginine	3.75	0.25	0.31

- Non-essential

Alanine	3.20	0.22	0.28
Aspartic acid	3.55	0.24	0.30
Cystine	0.94	0.06	0.08
Glutamic acid	10.5	0.71	0.89
Glycine	1.91	0.13	0.16
Proline	10.2	0.68	0.85
Serine	5.78	0.39	0.49
Tyrosine	5.49	0.37	0.46
Asparagine	4.02	0.27	0.34
Glutamine	11.3	0.76	0.95

Non-protein calorie: N 199: 1

CARBOHYDRATES

	% total carbohydrates	g/100 ml	g/125 ml
Carbohydrate source			
Corn syrup	97.2	25.5	31.8
Sucrose	2.52	0.66	0.82
Oligofructose (FOS)	0.23	0.06	0.08
Soy fibre	0.01	trace	trace

FIBRE

	% total fibre	g/100 ml	g/125 ml
Fibre source			
Oligofructose (FOS)	76.5	0.56	0.70
Soy fibre	23.5	0.17	0.21

Soluble fibre content: 76.4% Insoluble fibre content: 23.6%

FAT & FATTY ACIDS

	% total fatty acids	g/100 ml	g/125 ml
Fat source			
High oleic sunflower oil	48.5	5.77	7.23
Soy oil	29.1	3.46	4.34
MCT from palm kernel oil	19.4	2.31	2.89
Lecithin	3.00	0.36	0.45

Fatty acids

	g/100 g fat	g/100 ml	g/125 ml
- Essential			
Linoleic acid	C18:2 20.3	2.43	3.04
Linolelaic acid	C18:2 0.22	0.03	0.04
Alpha-linolenic acid	C18:3 2.19	0.26	0.33

- Monounsaturated

Palmitoleic acid	C16:1 0.12	0.01	0.01
Oleic acid	C18:1 45.1	5.41	6.76
Petroselinic acid	C18:1 0.08	0.01	0.01
Gadoleic acid	C20:1 0.05	0.01	0.01
Erucic acid	C22:1 -	-	-

- Saturated

Caproic acid	C6:0 0.09	0.01	0.01
Caprylic acid	C8:0 10.6	1.27	1.59
Capric acid	C10:0 7.41	0.89	1.11
Lauric acid	C12:0 0.23	0.03	0.04
Myristic acid	C14:0 0.12	0.01	0.01
Palmitic acid	C16:0 5.00	0.60	0.75
Margaric acid	C17:0 0.07	0.01	0.01
Stearic acid	C18:0 2.87	0.34	0.43
Arachidic acid	C20:0 0.28	0.03	0.04
Behenic acid	C22:0 0.49	0.06	0.08
Tricosanoic acid	C23:0 -	-	-
Lignoceric acid	C24:0 0.10	0.01	0.01

P/S ratio 0.83

n6 : n3 9.3 : 1

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UK-PSCOMPACT-2100002 Date of preparation: March 2021 Version 3

