

PaediaSure Plus juice

1.5 kcal/ml juice-style nutritional supplement for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

PRESENTATION

- Presented in 200 ml (300 kcal) bottles.
- Available in apple and very berry flavours.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement for children who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements. Not suitable as a sole source of nutrition.

It is particularly suitable for children who have taste aberrations or an aversion to 'milky' supplements.

COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) for the following indications in children weighing 8-30 kg:

- Disease-related malnutrition and/or growth failure

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances).

STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be covered and stored in a refrigerator. Unused contents should be discarded after 24 hours.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, sucrose, **milk** protein, acidity regulators (E507, E330, E296), flavourings, colour: E150c, choline bitartrate, minerals (calcium phosphate tribasic, magnesium sulphate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), vitamins (C, E, niacinamide, calcium pantothenate, B₁, B₂, vitamin A palmitate, B₆, folic acid, K₁, biotin, D₃, B₁₂), myo-inositol, taurine.

Note: all information based on apple flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density	1.5 kcal/ml
Energy distribution:	
Protein	11.2%
Carbohydrate	88.8%
Fat	0 %
Renal solute load	279 mOsm/L
Osmolarity	821 mOsm/L
Osmolality	1080 mOsm/kg H ₂ O
Gluten free?	✓
Clinically lactose free?	✓
Milk free?	✗
Suitable for vegetarians?	✓ ¹
Suitable for a vegan diet?	✗
Suitable for Halal and Kosher diets?	✓
Free from artificial colours?	✓

For other free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

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NUTRITION INFORMATION

	units	per 100 ml	per 200 ml
Energy	kJ	638	1275
	kcal	150	300
Fat	g	0	0
- of which saturates	g	0	0
Carbohydrate	g	33.3	66.6
- of which sugars	g	10.4	20.8
Fibre	g	0	0
Protein (nitrogen)	g	4.20 (0.67)	8.40 (1.34)
Salt	g	0.02	0.04

Vitamins

Vitamin A (RE)	µg	99	198
- of which β-carotene	µg	0	0
Vitamin D	µg	0.31	0.62
Vitamin E (α TE)	mg	1.5	3.0
Vitamin K	µg	5.9	12
Vitamin C	mg	7.5	15
Folacin (folic acid)	µg	6.0	12
Thiamin (vitamin B ₁)	mg	0.23	0.46
Riboflavin (vitamin B ₂)	mg	0.30	0.60
Vitamin B ₆	mg	0.15	0.30
Vitamin B ₁₂	µg	0.40	0.80
Niacin (NE)	mg	1.8	3.6
Pantothenic acid	mg	0.25	0.50
Biotin	µg	3.5	7.0

Minerals

Sodium	mg (mmol)	7.3 (0.32)	15 (0.64)
Potassium	mg (mmol)	19 (0.49)	38 (0.97)
Chloride	mg (mmol)	100 (2.82)	200 (5.64)
Calcium	mg (mmol)	19 (0.47)	38 (0.95)
Phosphorus (phosphate)	mg (mmol)	9.5 (0.31)	19 (0.61)
Magnesium	mg (mmol)	3.1 (0.13)	6.2 (0.26)
Iron	mg	1.5	3.0
Zinc	mg	1.5	3.0
Manganese	mg	0.15	0.30
Copper	mg	0.17	0.34
Iodine	µg	8.5	17
Selenium	µg	3.7	7.4
Chromium	µg	3.2	6.4
Molybdenum	µg	13	26

Water	g	76.3	153
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PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml	g/ 200 ml
Protein source			
Whey protein isolate	100	4.20	8.40
Amino acids			
- Essential			
Histidine	2.10	0.09	0.18
Isoleucine	5.47	0.23	0.46
Leucine	11.9	0.50	1.00
Lysine	9.43	0.40	0.80
Methionine	2.25	0.09	0.18
Phenylalanine	3.73	0.16	0.32
Threonine	4.87	0.20	0.40
Tryptophan	2.00	0.08	0.16
Valine	5.40	0.23	0.46
Arginine	2.69	0.11	0.22
- Non-essential			
Alanine	4.44	0.19	0.38
Aspartic acid	4.37	0.18	0.36
Cystine	2.74	0.12	0.24
Glutamic acid	9.42	0.40	0.80
Glycine	1.82	0.08	0.16
Proline	5.17	0.22	0.44
Serine	4.45	0.19	0.38
Tyrosine	3.82	0.16	0.32
Asparagine	6.56	0.28	0.56
Glutamine	7.71	0.32	0.64
Non-protein calorie: P	198 : 1		

CARBOHYDRATES

	% total carbohydrates	g/100 ml	g/ 200 ml
Carbohydrate source			
Maltodextrin	74.9	24.9	49.9
Sucrose	25.1	8.36	16.7

FAT & FATTY ACIDS

PaediaSure Plus juice does not contain fat.

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