

PaediaSure Plus tube feed

1.5 kcal/ml complete, balanced nutrition for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

PRESENTATION

- Presented in 500 ml (750 kcal) Ready to Hang (RTH) containers, available in vanilla flavour.
- Also available unflavoured in 200 ml (302 kcal) reclosable plastic bottles which can be used for tube or sip feeding.
- PaediaSure Plus is also available in vanilla, strawberry and banana flavours in 200 ml bottles. There is a separate datasheet for the sip feeding presentations.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 909 ml for children aged 1-3 years, 909 ml for children aged 4-6 years and 909 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) for the following indications in children weighing 8-30 kg:

- Disease-related malnutrition and/or growth failure
- Short bowel syndrome
- Bowel fistulae
- Intractable malabsorption
- Pre-operative preparation of patients who are malnourished
- Dysphagia

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances).

STORAGE

- Store unopened at room temperature.
- Avoid prolonged exposure to light.
- Once opened, unused product should be resealed and stored in a refrigerator.
- Unused contents should be discarded after 24 hours.
- Date and time of opening can be recorded on the lid sticker.

DIRECTIONS FOR USE

- Ready for use.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available.
- Both the 500 ml Ready to Hang containers and the 200 ml reclosable plastic bottles will attach to all Abbott giving sets.
- A Flexitainer enteral nutrition container may be used if decanting is necessary

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), **milk** proteins, sucrose, minerals (potassium citrate, magnesium chloride, calcium phosphate tribasic, potassium phosphate dibasic, sodium citrate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, emulsifiers (E471, E322: **soy** lecithin), choline bitartrate, vitamins (C, E, niacinamide, calcium pantothenate, vitamin A palmitate, B₂, B₁, B₆, D₃, folic acid, biotin, K₁, B₁₂), myo-inositol, stabiliser: E415, taurine, L-carnitine.

Note: all information based on the RTH formulation. Some minor differences exist between RTH and RPB formulations.

GENERAL INFORMATION

Energy density 1.5 kcal/ml

Energy distribution:
Protein 11.1%
Carbohydrate 44.4%
Fat 44.5%

Renal solute load 354 mOsm/L

Osmolarity 273 mOsm/L

Osmolality 350 mOsm/kg H₂O

Gluten free? ✓

Clinically lactose free? ✓

Milk free? ✗

Suitable for vegetarians? ✓¹

Suitable for Halal diet? ✓

Suitable for Kosher diet? ✓

For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

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NUTRITION INFORMATION

	units	per 100 ml
Energy	kJ	628
	kcal	150
Fat	g	7.47
- of which saturates	g	2.0
- of which MCT*	g	1.36
Carbohydrate	g	16.7
- of which sugars	g	2.2
Protein (nitrogen)	g	4.20 (0.67)
Salt	g	0.15
Fibre	g	0
Vitamins		
Vitamin A (RE)	µg	99
- of which β-carotene	µg	0
Vitamin D ₃	µg	1.1
Vitamin E (α TE)	mg	1.5
Vitamin K ₁	µg	5.9
Vitamin C	mg	7.5
Folacin (folic acid)	µg	23
Thiamin (vitamin B ₁)	mg	0.23
Riboflavin (vitamin B ₂)	mg	0.30
Vitamin B ₆	mg	0.15
Vitamin B ₁₂	µg	0.30
Niacin (NE)	mg	1.8
Pantothenic acid	mg	0.45
Biotin	µg	7.5
Minerals		
Sodium	mg (mmol)	60 (2.61)
Potassium	mg (mmol)	135 (3.45)
Chloride	mg (mmol)	100 (2.82)
Calcium	mg (mmol)	83 (2.07)
Phosphorus (phosphate)	mg (mmol)	80 (2.58)
Magnesium	mg (mmol)	24 (0.99)
Iron	mg	1.5
Zinc	mg	1.5
Manganese	mg	0.15
Copper	mg	0.17
Iodine	µg	15
Selenium	µg	4.2
Chromium	µg	3.8
Molybdenum	µg	5.9
Fluoride	mg	0.08
Taurine	mg	10.8
L-carnitine	mg	2.6
Inositol	mg	12.0
Choline	mg	22.5
Water	g	78.3

PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml
Protein source		
Sodium caseinate	60.0	2.52
Calcium caseinate	22.0	0.92
Whey protein concentrate	18.0	0.76
Amino acids		
- Essential		
Histidine	2.36	0.10
Isoleucine	4.74	0.20
Leucine	9.26	0.39
Lysine	7.47	0.31
Methionine	2.42	0.10
Phenylalanine	4.58	0.19
Threonine	4.70	0.20
Tryptophan	1.19	0.05
Valine	5.79	0.24
Arginine	3.14	0.13
- Non-essential		
Alanine	3.29	0.14
Aspartic acid	3.16	0.13
Cystine	0.78	0.03
Glutamic acid	11.1	0.47
Glycine	1.89	0.08
Proline	9.74	0.41
Serine	5.54	0.23
Tyrosine	4.70	0.20
Asparagine	4.46	0.19
Glutamine	9.66	0.41
Non-protein calorie: P	204 : 1	

CARBOHYDRATES

	% total carbohydrates	g/100 ml
Carbohydrate source		
Maltodextrin	90.0	15.0
Sucrose	10.0	1.67

FAT & FATTY ACIDS

		% total fatty acids	g/100 ml
Fat source			
High oleic sunflower oil		49.5	3.70
Soy oil		29.7	2.22
MCT from palm kernel oil		19.8	1.48
Lecithin		1.07	0.08
Fatty acids			
		g/100 g fat	g/100 ml
- Essential			
Linoleic acid	C18:2	19.1	1.43
Linolenic acid	C18:3	1.76	0.13
- Monounsaturated			
Palmitoleic acid	C16:1	0.12	0.01
Oleic acid	C18:1	46.5	3.49
Petroselinic acid	C18:1	0.08	0.01
Gadoleic acid	C20:1	0.05	trace
Erucic acid	C22:1	-	-
- Saturated			
Caproic acid	C6:0	0.09	0.01
Caprylic acid	C8:0	10.3	0.77
Capric acid	C10:0	7.66	0.57
Lauric acid	C12:0	0.14	0.01
Myristic acid	C14:0	0.06	trace
Palmitic acid	C16:0	5.35	0.40
Margaric acid	C17:0	0.07	0.01
Stearic acid	C18:0	2.73	0.20
Arachidic acid	C20:0	0.34	0.03
Behenic acid	C22:0	0.56	0.04
Tricosanoic acid	C23:0	-	-
Lignoceric acid	C24:0	0.10	0.01
P/S ratio		0.77	
n6 : n3		10.9 : 1	

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*medium-chain triglycerides (C6:0 - C12:0)