

PaediaSure Compact

2.4 kcal/ml complete, balanced nutrition for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

PRESENTATION

- Presented in 4 x 125 ml (301 kcal) bottles.
- Available in banana, strawberry and vanilla flavours.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 333 ml for children aged 1-3 years, 500 ml for children aged 4-6 years and 571 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) as a sole source of nutrition or as a nutritional supplement for the dietary management of children 8 –30kg (approximately 1-10 years of age) with, or at risk of developing, disease –related malnutrition.

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances)

STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- PaediaSure range bottles will attach to all Abbott giving sets.

PRECAUTIONS

- Monitor fluid intake to ensure adequate hydration status.
- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, hydrolysed corn starch, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), **milk** proteins, minerals (sodium citrate, potassium chloride, magnesium phosphate dibasic, potassium phosphate dibasic, calcium citrate, potassium citrate, magnesium carbonate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fructooligosaccharides, sucrose, flavouring, emulsifier: **soy** lecithin, **soy** polysaccharide, choline bitartrate, vitamins (C, niacinamide, E, calcium pantothenate, B₁, B₂, vitamin A palmitate, B₆, folic acid, biotin, K₁, D₃, B₁₂), myo-inositol, taurine, L-carnitine.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density 2.4 kcal/ml

Energy distribution:

| | |
|--------------|--------|
| Protein | 11.18% |
| Carbohydrate | 43.49% |
| Fat | 44.72% |
| Fibre | 0.61% |

Renal solute load 585 mOsm/L

Osmolarity 643 mOsm/L

Osmolality 994 mOsm/kg H₂O

Gluten free? ✓

Clinically lactose free? ✗

Milk free? ✗

Suitable for vegetarians? ✓¹

Suitable for Halal diet? ✓

Suitable for Kosher diet? ✓

For other free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

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NUTRITION INFORMATION

| | units | per 100 ml | per 125 ml |
|--------------------------------------|-----------|-------------|-------------|
| Energy | kJ | 1007 | 1258 |
| | kcal | 240 | 301 |
| Fat | g | 11.95 | 14.94 |
| - of which saturates | g | 3.3 | 4.13 |
| - of which MCT* | g | 2.2 | 2.75 |
| Carbohydrate | g | 26.15 | 32.69 |
| - of which sugars | g | 4.30 | 5.38 |
| Protein (nitrogen) | g | 6.72 (1.08) | 8.40 (1.34) |
| Salt | g | 0.28 | 0.34 |
| Fibre | g | 0.73 | 0.91 |
| - of which FOS | g | 0.56 | 0.70 |
| Vitamins | | | |
| Vitamin A (RE) | µg | 120 | 150 |
| Vitamin D ₃ | µg | 2.0 | 2.5 |
| Vitamin E (α TE) | mg | 3.4 | 4.3 |
| Vitamin K ₁ | µg | 9.5 | 12 |
| Vitamin C | mg | 15 | 19 |
| Folacin (folic acid) | µg | 36 | 45 |
| Thiamin (vitamin B ₁) | mg | 0.30 | 0.38 |
| Riboflavin (vitamin B ₂) | mg | 0.48 | 0.60 |
| Vitamin B ₆ | mg | 0.24 | 0.30 |
| Vitamin B ₁₂ | µg | 0.55 | 0.69 |
| Niacin (NE) | mg | 2.9 | 3.6 |
| Pantothenic acid | mg | 0.72 | 0.90 |
| Biotin | µg | 10.0 | 13 |
| Minerals | | | |
| Sodium | mg (mmol) | 110 (4.78) | 138 (5.98) |
| Potassium | mg (mmol) | 260 (6.65) | 325 (8.31) |
| Chloride | mg (mmol) | 150 (4.23) | 188 (5.29) |
| Calcium | mg (mmol) | 140 (3.49) | 175 (4.37) |
| Phosphorus (phosphate) | mg (mmol) | 140 (4.52) | 175 (5.65) |
| Magnesium | mg (mmol) | 35 (1.44) | 44 (1.80) |
| Iron | mg | 2.2 | 2.8 |
| Zinc | mg | 2.4 | 3.0 |
| Manganese | mg | 0.20 | 0.25 |
| Copper | µg | 230 | 288 |
| Iodine | µg | 20 | 25 |
| Selenium | µg | 7.5 | 9.4 |
| Chromium | µg | 5.0 | 6.3 |
| Molybdenum | µg | 10.0 | 13 |
| Fluoride | mg | 0.085 | 0.11 |
| Taurine | mg | 16 | 20 |
| L-carnitine | mg | 4.1 | 5.1 |
| Inositol | mg | 20 | 25 |
| Choline | mg | 33 | 41 |
| Water | g | 65.25 | 81.56 |

*medium-chain triglycerides (C6:0 - C12:0)

PROTEIN & AMINO ACIDS

| | g/100 g protein | g/100 ml | g/125 ml |
|--------------------------|-----------------|----------|----------|
| Protein source | | | |
| Milk protein concentrate | 60.0 | 4.03 | 5.04 |
| Sodium caseinate | 30.0 | 2.02 | 2.52 |
| Calcium caseinate | 10.0 | 0.67 | 0.84 |
| Amino acids | | | |
| - Essential | | | |
| Histidine | 2.82 | 0.19 | 0.24 |
| Isoleucine | 5.40 | 0.36 | 0.45 |
| Leucine | 9.65 | 0.65 | 0.81 |
| Lysine | 8.29 | 0.56 | 0.70 |
| Methionine | 2.87 | 0.19 | 0.24 |
| Phenylalanine | 5.06 | 0.34 | 0.43 |
| Threonine | 4.48 | 0.30 | 0.38 |
| Tryptophan | 1.22 | 0.08 | 0.10 |
| Valine | 6.65 | 0.45 | 0.56 |
| Arginine | 3.75 | 0.25 | 0.31 |
| - Non-essential | | | |
| Alanine | 3.20 | 0.22 | 0.28 |
| Aspartic acid | 3.55 | 0.24 | 0.30 |
| Cystine | 0.94 | 0.06 | 0.08 |
| Glutamic acid | 10.5 | 0.71 | 0.89 |
| Glycine | 1.91 | 0.13 | 0.16 |
| Proline | 10.2 | 0.68 | 0.85 |
| Serine | 5.78 | 0.39 | 0.49 |
| Tyrosine | 5.49 | 0.37 | 0.46 |
| Asparagine | 4.02 | 0.27 | 0.34 |
| Glutamine | 11.3 | 0.76 | 0.95 |
| Non-protein calorie: N | 199: 1 | | |

CARBOHYDRATES

| | % total carbohydrates | g/100 ml | g/125 ml |
|----------------------------|-----------------------|----------|----------|
| Carbohydrate source | | | |
| Corn syrup | 97.2 | 25.4 | 31.8 |
| Sucrose | 2.52 | 0.66 | 0.82 |
| Oligofructose (FOS) | 0.23 | 0.06 | 0.08 |
| Soy fibre | 0.01 | trace | trace |

FIBRE

| | % total fibre | g/100 ml | g/125 ml |
|---------------------|---------------|----------|----------|
| Fibre source | | | |
| Oligofructose (FOS) | 76.5 | 0.56 | 0.70 |
| Soy fibre | 23.5 | 0.17 | 0.21 |

Soluble fibre content: 76.5%

Insoluble fibre content: 23.5%

FAT & FATTY ACIDS

| | % total fatty acids | g/100 ml | g/125 ml | |
|--------------------------|---------------------|----------|----------|------|
| Fat source | | | | |
| High oleic sunflower oil | 48.5 | 5.80 | 7.23 | |
| Soy oil | 29.1 | 3.48 | 4.34 | |
| MCT from palm kernel oil | 19.4 | 2.32 | 2.89 | |
| Lecithin | 3.00 | 0.36 | 0.45 | |
| Fatty acids | | | | |
| - Essential | | | | |
| Linoleic acid | C18:2 | 20.3 | 2.43 | 3.04 |
| Linolelaic acid | C18:2 | 0.22 | 0.03 | 0.04 |
| Alpha-linolenic acid | C18:3 | 2.19 | 0.26 | 0.33 |
| - Monounsaturated | | | | |
| Palmitoleic acid | C16:1 | 0.12 | 0.01 | 0.01 |
| Oleic acid | C18:1 | 45.1 | 5.41 | 6.76 |
| Petroselinic acid | C18:1 | 0.08 | 0.01 | 0.01 |
| Gadoleic acid | C20:1 | 0.05 | 0.01 | 0.01 |
| Erucic acid | C22:1 | - | - | - |
| - Saturated | | | | |
| Caproic acid | C6:0 | 0.09 | 0.01 | 0.01 |
| Caprylic acid | C8:0 | 10.6 | 1.27 | 1.59 |
| Capric acid | C10:0 | 7.41 | 0.89 | 1.11 |
| Lauric acid | C12:0 | 0.23 | 0.03 | 0.04 |
| Myristic acid | C14:0 | 0.12 | 0.01 | 0.01 |
| Palmitic acid | C16:0 | 5.00 | 0.60 | 0.75 |
| Margaric acid | C17:0 | 0.07 | 0.01 | 0.01 |
| Stearic acid | C18:0 | 2.87 | 0.34 | 0.43 |
| Arachidic acid | C20:0 | 0.28 | 0.03 | 0.04 |
| Behenic acid | C22:0 | 0.49 | 0.06 | 0.08 |
| Tricosanoic acid | C23:0 | - | - | - |
| Lignoceric acid | C24:0 | 0.10 | 0.01 | 0.01 |
| P/S ratio | 0.83 | | | |
| n6 : n3 | 9.3 : 1 | | | |

Abbott Laboratories Ltd., Abbott House, Vanwall Business Park, Vanwall Rd., Maidenhead, Berks. SL6 4XE. Tel: 0800 252882 Nutrition.abbott/uk



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