

ProSure

1.3 kcal/ml liquid enriched with omega 3 fatty acids, antioxidants and FOS*

FOR HEALTHCARE PROFESSIONAL USE ONLY

PRESENTATION

- Presented in a 220 ml (280 kcal) bottles.
- ProSure is available in vanilla flavour.

USES

Food for Special Medical Purposes, for use under medical supervision. Not suitable as a sole source of nutrition.

ProSure is to be used as a nutritional supplement, specifically designed for the dietary management of oncology patients with weight loss. The recommended intake is two bottles per day to obtain approximately 2 g of eicosapentaenoic acid (EPA) a day.

COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) for the following indication:

- Pancreatic cancer, oesophageal cancer and patients with lung cancer who are undergoing chemotherapy.

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances).

STORAGE & DIRECTIONS FOR SIP FEEDING

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- Date and time of opening can be recorded on the lid sticker.

DIRECTIONS FOR TUBE FEEDING

- Ready for use.
- Two bottles daily can be incorporated as part of the feeding regimen.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available.
- Bottles will attach to Abbott giving sets.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.
- Unless recommended by a qualified healthcare professional, not intended for use in children.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Not for use in galactosaemia.
- Do not use in children under 1 year of age.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, hydrolysed corn starch, **milk** proteins, sucrose, fructo-oligosaccharides, **fish** oil, gum arabic, minerals (magnesium chloride, potassium citrate, sodium citrate, potassium chloride, zinc sulphate, ferrous sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), vegetable oils (MCT from palm kernel oil, canola, soy), flavourings, **soy** polysaccharide, vitamins (C, E, calcium pantothenate, niacinamide, beta carotene, B₆, B₁, B₂, vitamin A palmitate, folic acid, K₁, biotin, D₃, B₁₂), emulsifier: **soy** lecithin, choline chloride, acidity regulator: E525, taurine, L-carnitine, stabiliser: E418, antioxidants (E304, E306).

GENERAL INFORMATION

Energy density 1.3 kcal/ml

Energy distribution:

Protein	20.9%
Carbohydrate	57.7%
Fat	18.1%
Fibre (FOS)	3.26%

Renal solute load 517 mOsm/L

Osmolarity 597 mOsm/L

Osmolality 753 mOsm/kg H₂O

Gluten free? ✓

Clinically lactose free? ✓

Milk free? ✗

Suitable for vegetarian diet? ✗^{1,2}

Suitable for vegan diet? ✗

Suitable for Halal diet? ✓

Suitable for Kosher diet? ✗

For other free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.
2. Contains fish oil.



*fructo-oligosaccharides

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NUTRITION INFORMATION

	units	per 100 ml	per 220 ml
Energy			
	kJ	536	1179
	kcal	127	280
Fat	g	2.56	5.63
- of which saturates	g	0.69	1.5
- of which eicosapentaenoic acid (EPA)	g	0.45	0.99
- of which docosahexaenoic acid (DHA)	g	0.20	0.44
- of which MCT**	g	0.38	0.83
Carbohydrate	g	18.3	40.3
- of which sugars	g	6.5	14
Fibre	g	2.07	4.55
- of which FOS	g	1.10	2.42
Protein (nitrogen)	g	6.65 (1.06)	14.6 (2.34)
Salt	g	0.29	0.64
Vitamins			
Vitamin A (RE)	µg	205	451
- of which β-carotene (RE)	µg	70	154
Vitamin D	µg	1.7	3.7
Vitamin E (α TE)	mg	20	44
Vitamin K	µg	10	22
Vitamin C	mg	43	95
Folacin (folic acid)	µg	32	70
Thiamin (vitamin B ₁)	mg	0.25	0.55
Riboflavin (vitamin B ₂)	mg	0.29	0.64
Vitamin B ₆	mg	0.34	0.75
Vitamin B ₁₂	µg	0.35	0.77
Niacin (NE)	mg	2.4	5.3
Pantothenic acid	mg	1.1	2.4
Biotin	µg	5.0	11
Minerals			
Sodium	mg (mmol)	115 (5.00)	253 (11.0)
Potassium	mg (mmol)	175 (4.48)	385 (9.8)
Chloride	mg (mmol)	152 (4.29)	334 (9.4)
Calcium	mg (mmol)	100 (2.50)	220 (5.5)
Phosphorus (phosphate)	mg (mmol)	80 (2.58)	176 (5.7)
Magnesium	mg (mmol)	42 (1.73)	92 (3.8)
Iron	mg	0.65	1.43
Zinc	mg	2.5	5.5
Manganese	mg	0.42	0.92
Copper	mg	0.08	0.17
Iodine	µg	16	35
Selenium	µg	7.9	17
Chromium	µg	9.0	20
Molybdenum	µg	14	31
Taurine	mg	20	44
L-carnitine	mg	10	22
Choline	mg	51	112
Water	g	79.6	175

*fructo-oligosaccharides

**medium-chain triglycerides

PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml	g/220 ml
Protein source			
Sodium caseinate	47.5	3.16	6.95
Milk protein concentrate / isolate	52.5	3.49	7.68
Amino acids			
- Essential			
Histidine	2.89	0.19	0.42
Isoleucine	5.31	0.35	0.77
Leucine	9.88	0.66	1.45
Lysine	8.17	0.54	1.19
Methionine	2.94	0.20	0.44
Phenylalanine	4.93	0.33	0.73
Threonine	4.53	0.30	0.66
Tryptophan	1.26	0.08	0.18
Valine	6.65	0.44	0.97
Arginine	3.92	0.26	0.57
-Non-essential			
Alanine	3.24	0.22	0.48
Aspartic acid	3.19	0.21	0.46
Cystine	0.58	0.04	0.09
Glutamic acid	10.7	0.71	1.56
Glycine	1.91	0.13	0.29
Proline	10.3	0.69	1.52
Serine	5.81	0.39	0.86
Tyrosine	5.53	0.37	0.81
Asparagine	3.91	0.26	0.57
Glutamine	11.1	0.74	1.63
Non-protein calorie: N 94 : 1			

CARBOHYDRATES

	% total carbohydrates	g/100 ml	g/220 ml
Carbohydrate source			
Corn syrup	73.9	13.5	29.8
Sucrose	24.9	4.56	10.0
Fructo-oligosaccharide powder	0.65	0.12	0.26
Gum arabic	0.57	0.10	0.23
Soy fibre	0.01	trace	trace

FIBRE

	% total fibre	g/100 ml	g/220 ml
Fibre source			
Fructo-oligosaccharide powder	53.2	1.10	2.42
Gum arabic	40.2	0.83	1.83
Soy fibre	6.62	0.14	0.30

Soluble fibre content: 93%

Insoluble fibre content: 7%

FAT & FATTY ACIDS

		% total fatty acids	g/100 ml	g/220 ml
Fat source				
Fish oil		64.5	1.65	3.63
MCT vegetable oil		16.5	0.42	0.93
Canola oil		9.44	0.24	0.53
Soy oil		5.58	0.14	0.31
Lecithin		4.06	0.10	0.23
Fatty acids				
- Essential				
Linoleic acid	C18:2	7.15	0.18	0.40
Alpha linolenic acid	C18:3	1.79	0.04	0.09
Gamma linolenic acid	C18:3	0.22	0.01	0.02
- Polyunsaturated				
Hexadecadienoic acid	C16:2	1.01	0.02	0.04
Hexadecatrienoic acid	C16:3	1.47	0.04	0.09
Hexadecatetraenoic acid	C16:4	2.55	0.06	0.13
Stearidonic acid	C18:4	2.22	0.05	0.11
Hommo gamma linolenic acid	C20:3	0.25	0.01	0.02
Arachidonic acid	C20:4	0.65	0.02	0.04
Eicosatetraenoic acid	C20:4	0.56	0.01	0.02
Eicosapentaenoic acid (EPA)	C20:5	17.7	0.45	0.99
Heneicosapentaenoic acid	C21:5	0.65	0.02	0.04
Docosapentaenoic acid (DPA)	C22:5	2.12	0.06	0.13
Docosahexaenoic acid (DHA)	C22:6	8.02	0.20	0.44
- Monounsaturated				
Palmitoleic acid	C16:1	7.40	0.18	0.40
Oleic acid	C18:1	15.8	0.39	0.86
Gadoleic acid	C20:1	0.58	0.01	0.02
Gadelaideic acid	C20:1	0.40	0.01	0.02
- Saturated				
Caprylic acid	C8:0	8.93	0.22	0.48
Capric acid	C10:0	6.26	0.15	0.33
Lauric acid	C12:0	0.31	0.01	0.02
Myristic acid	C14:0	3.54	0.09	0.20
Palmitic acid	C16:0	7.03	0.17	0.37
Stearic acid	C18:0	1.26	0.03	0.07
P/S ratio 1.65				
n6:n3 ratio 0.3 : 1				

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