

INSIGHTS INTO REAL WORLD CASES WITH GLUCERNA



WITH DIETITIAN, GERALDINE GEORGEOU
AND GP, DR SNEHA WADHWANI



Glucerna®

MEDICAL HISTORY

- Impaired glucose tolerance
- Body weight 126 kg
- GLP-1 medication, experiencing a suppressed appetite resulting in low energy/lethargy

RESULTS AFTER USING GLUCERNA

- ✓ **Balanced nutrition**
- ▼ **-1.5 mmol/L reduction in FBGLs**
- ▼ **-20 kg body weight reduction**

JOAN



**SCAN
HERE**

TO FIND OUT MORE

Food for Special Medical Purposes. Use under medical supervision.

Abbreviations: **FBGLs**: Fasting Blood Glucose Levels.

Use Glucerna as part of a diabetes management plan including a healthy diet and exercise.

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FIND OUT HOW **GLUCERNA HELPED GOLD MEDALLIST, CATHY FREEMAN,** MANAGE HER DIABETES.

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MEDICAL HISTORY

- T2D
- Medications: GLP-1



KEY PRESENTING ISSUE

- Elevated BMI 25.5 kg/m²
- Suboptimal glycaemic management



SOLUTION

COMMENCED GLUCERNA FOR BREAKFAST AND MORNING TEA

RESULTS AFTER USING GLUCERNA FOR 2 MONTHS

- ▼ -0.7% reduction in HbA1c
- ▼ -1.0 mmol/L reduction in FBGLs
- ▼ -7 kg body weight reduction



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Abbreviations: **T2D**: Type 2 Diabetes. **BMI**: Body Mass Index. **FBGLs**: Fasting Blood Glucose Levels.

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